

Aransas Pass I.S.D.
Aransas Pass Athletics
450 South Avenue A
Aransas Pass, Texas 78336



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Phone (361)758-9421

Dear Student Athletes and Parents:

I hope you have had a great start to your summer. We are very excited to get the upcoming school year underway. The #GRIT era has begun and great things are going to happen in AP.

As we become The PRIDE of the Coastal Bend we must continue to prepare both mentally and physically for the upcoming season. The purpose of this letter is to inform you of important dates in July and August. As well as all needed paperwork.

In order for an athlete to participate in either the athletic period or after school workouts, the athlete must have **ALL** of the forms below completed and filed with the Athletic Trainer. The forms listed below must be completed each year for an athlete to compete in extra-curricular activities. If you need a copy of these forms, please contact the Athletic Trainer or the Athletic Department at (361) 758-9421.

This packet contains **Nine (9) forms** that are required by Aransas Pass ISD and the University Interscholastic League (UIL) in order for a student to participate in any practice, game or athletic competition, either before, during, or after school, both in- season and out-of-season.

This is all on Rank One now

- Pre-participation Physical Evaluation – **Medical History**
- Pre-participation Physical Evaluation – **Physical Examination**
- **Acknowledgement of Rules**
- Parent and Student Agreement/Acknowledgement Forms – **Anabolic Steroid Use, Sudden Cardiac, Concussion and Random Drug Testing**
- **APISD-Aransas Pass Athletic Guide**
- **Emergency Contact Card**

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Important Dates for you to know:

August 2nd First practice for Cross Country, Football and Volleyball

Cross Country	July 27 th	6:00 pm Parents meeting- New gym
	August 2 nd -4 th	8:00 am-9:30 am- Report to the gym
	August 5 th -6 th	6:30 am-7:30 am
	August 7 th	Media Day: 8:00 am-12:00 pm
Football	July 29 th	6:00 pm Parents meeting Meet the Coaches- New Gym
	August 2 nd -4 th	6:00 am-12:00- Report to Field House
	August 5 th -6 th	4:30 pm-8:30 pm
	August 7 th	Media Day: 8:00 am-12:00 pm
Volleyball	July 26 th -30 th	Fish Camp 9:00 am-12:00 pm- New Gym MS Camp 9:00 am-12:00 pm- AC Blunt
	July 28 th	6:00 pm Parent Meeting- New Gym
	August 2 nd -4 th	8:00 am-11:00 am ALL Teams 1:00 pm-3:00 pm Freshman 3:00 pm-5:00 pm JV-VAR
	August 5 th	4:30 pm-6:30 pm ALL Teams
	Aug 6 th	Scrimmage @ Miller: TBA
	Aug 7 th	Media Day: 8:00 am Scrimmage @ AP: TBA

***MS Camp is for incoming 7th and 8th graders