



A SERVICE OF THE UNION COUNTY  
BOARD OF CHOSEN FREEHOLDERS

**UNION COUNTY**  
*We're Connected to You!*

www.ucnj.org



Compiled by:



**Mental Health  
Association**  
in New Jersey, Inc.

**2017— 2018 Quick Reference Guide: Mental Health & Addiction Services in Union County**

**24 Hour Emergency  
Psychiatric Services**

Mobile Community Outreach  
908-994-7131

Trinitas Regional Medical Center  
908-994-7131

Union County Mobile Response  
& Stabilization (Children)  
PerformCare  
877-652-7624

Overlook Hospital  
908-522-2000

RWJ University Hospital - Rahway  
732-381-4200

Need Help?  
Dial 2-1-1

**MENTAL HEALTH SERVICES**

**Adult Inpatient Psychiatric  
Services**

Carrier Clinic, Belle Meade..... 800-933-3579  
Greystone, Morris Plains..... 973-538-1800  
Overlook, Summit..... 908-522-2281  
Cornerstone, Berkeley Heights.908-790-5300  
Summit Oaks, Summit..... 908-522-7071  
Trenton Psychiatric, W. Trenton.....609-633-1500  
Trinitas Regional, Elizabeth.....908-994-7251  
VA NJ, Lyons.....908-647-0180

**Children's Services**

**Child/Family Therapy and Medication Mgt.**  
Performcare.....877-652-7624  
CenterPath Wellness.....908-731-6870  
Cooperative Counseling Services.....908-731-7100  
The Lamberts Mill Academy.....908-233-7581  
**Day Treatment/After School Therapeutic Treatment**  
Trinitas Regional MC.....908-994-7722  
**Division of Child Protection & Permanency (DCPP)**  
Cranford.....908-497-1488  
Elizabeth.....908-820-3000  
Plainfield.....800-847-1750

**Family Support for Children and Parents**  
Families & Community  
Together (FACT).....908-789-8500  
Family Support Organization.....908-755-0090  
Youth Advocate Program (YAP).....973-624-1520

**Grief Counseling**

Imagine-A Ctr for Coping w/Loss.....908-264-3100

**Home Based Services**

Cooperative Counseling Ser.....908-731-7100  
Family & Children's Services.....908-352-7474  
Family Preservation Services.....973-372-8079  
United Fam. & Children's Society.908-755-4848

**Inpatient Hospital Treatment**

Summit Oaks Hospital, Ages 5-17.....908-522-7071  
Trinitas Regional MC.....908-994-7712

**Outpatient Treatment (See Counseling Section)**

UC Youth Service Bureau.....908-558-2520  
Volunteers of America.....732-827-2444

**Residential Treatment**

Davis House, Ages 5-10.....973-485-3314  
New Point Residential  
Treatment.....908-994-7395

**Supervised and Therapeutic Visitation**

Cooperative Counseling Ser.....908-731-7100  
Family and Children's  
Services.....908-352-7474

**Screening**

Trinitas Regional Medical  
Center (Adult).....908-994-7131  
UC Mobile Response (Children)  
.....877-652-7624

**Community Support**

**Children & Family**

Child Behavioral Health Services,  
Performcare.....877-652-7624

**Deaf & Hard of Hearing**

Access Center, Voice TTY..... 800-792-8339

**Family Support & Education, Mental Illness**

NAMI of Union County.....908-233-1628

**HIV/AIDS**

EIP Support Services, Trinitas Regional  
Medical Center.....908-994-7123  
Iris House.....908-561-5057

**Homeless 24 Hour Hotline**.....908-756-6061

**Homeless Persons, Mental Illness**

Homeless Outreach of Bridgeway...908-289-7330

**Integrated Case Management Service (ICMS)**

Mount Carmel Guild.....908-497-3927

**Intensive Family Support Services (IFFS)**

Mental Health Association in NJ in Union  
County.....908-810-1001

**Involuntary Outpatient Commitment (IOC)**

Trinitas Regional MC.....908-994-7543

**Mental Health Services**

Mental Health Association  
in NJ.....866-202-4357

**Program of Assertive Community**

**Treatment (PACT), Bridgeway**

PACT 1, Elizabeth.....908-352-0242  
PACT 2, Plainfield.....908-791-0505  
PACT 3, Union.....908-688-5400

**Self-Help Clearing House**

Statewide Information.....800-367-6274

**Supportive Education Services**

Bridgeway/UMDNJ.....908-687-9666

**Supportive Employment Services**

Bridgeway.....908-686-2956

**Supportive Housing Services**

Bridgeway.....908-249-4100

**Transportation**

UC Paratransit System.....908-659-5000

**Treatment Linkage & Case Mgt. Services**

TLC Program – Trinitas.....908-994-7543

**Wellness Respite Services**

Collaborative Support Programs of NJ  
Middlesex County.....732-354-4403  
Passaic County.....862-239-9896

**Counseling**

CenterPath Wellness.....908-756-6870  
117 Roosevelt Ave., Plainfield  
Children's Specialized

Hospital.....908-233-3720  
150 New Providence Rd., Mountainside

Cooperative Counseling Ser.....908-731-7100  
1050 Rt. 22 West, Mountainside  
407 Chestnut Street, Union

Counseling Center for  
Human Development.....908-276-0590  
201 Lincoln Ave. East, Cranford

Family Resource Center.....908-276-2244  
300 North Ave. East, Cranford

Family and Children's  
Services.....908-352-7474  
40 North Ave., Elizabeth

GenPsych.....855-436-7792

High Focus.....800-877-3628

Jersey Behavioral Care.....908-291-2727

**Counseling, continued**

Jewish Family Services.....908-352-8375  
655 Westfield Ave., Elizabeth

Mount Carmel Guild Child/Family Outpatient,  
Medication Monitoring.....908-497-3968  
108 Alden St., Cranford

Overlook Hospital, Family Service  
of Summit.....888-247-1400  
46-48 Beauvoir Ave., Summit

PROCEED(Hispanic).....908-469-3200  
1126 Dickinson Pl., Elizabeth

Resolve Community Counseling  
Center.....908-322-9180  
1830 Front St., Scotch Plains

Summit Oaks Hospital.....908-522-7071  
19 Prospect St., Summit

Trinitas Regional Medical Center  
Adults.....908-994-7556

654 East Jersey St., Elizabeth

Children.....908-994-7223  
655 East Jersey St., Elizabeth

United Family and  
Children's Society.....908-755-4848  
305 West 7th St., Plainfield

Youth and Family  
Counseling.....908-233-2042  
233 Prospect St., Westfield

**SUBSTANCE USE DISORDER  
SERVICES**

**Co-occurring Partial Care**

Bridgeway Rehabilitation  
Services.....908-355-7200

CenterPath Wellness.....908-756-6870

High Point.....908-788-5979

Trinitas Regional  
Medical Center.....908-994-7556

**Union County CLEAR**

**Community Law Enforcement Addiction  
Recovery.....855-825-3275**

**Detox—Adult**

Bergen Regional Medical Center.....800-730-2762  
230 East Ridgewood Ave., Paramus

New Hope Integrated BHCare.732-946-3030  
80 Conover Road, Marlboro

Summit Behavioral Health .....855-855-9199  
1000 Galloping Hill Road, Union

Summit Oaks Hospital.....908-522-7071  
19 Prospect Street, Summit

Turning Point, Inc.....973-239-9400  
680 Broadway Ave., Suite 104, Paterson

**Detox—Adolescent**

New Hope Integrated BHCare.732-946-3030

**Halfway House — Female**

Alfre/Mrs. Wilson's.....973-540-0116  
Anderson House.....908-534-5818

**Halfway House — Male**

New Hope Integrated BHCare.732-946-3030

**Intensive Outpatient Services**

Bridgeway Rehabilitation  
Services.....908-355-7200  
567 Morris Ave., Elizabeth

CenterPath Wellness.....908-756-6870  
117 Roosevelt Ave., Plainfield

Counseling Center at Clark.....732-882-1920  
60 Walnut Avenue, Suite 200, Clark

Enterprise Alliance Group.....908-289-0700  
GenPsych.....855-436-7792

High Focus.....800-877-3628

High Point.....908-788-5979

Organization for Recovery.....908-769-4700  
519 North Ave., Plainfield

## Intensive Outpatient Services, Continued

Summit Behavioral Health .....855-855-9199  
1000 Galloping Hill Road, Union  
Summit Oaks Hospital.....908-522-7071  
19 Prospect Street, Summit  
Trinitas Regional MC.....908-994-7556  
655 East Jersey St., Elizabeth

## Interim Managing Entity (IME) 1-844-276-2777

Referral and authorization for addiction  
treatment -Medicaid & State contracts

## Intoxicated Driver Resource Center

Union County .....908-527-4791

## Medicated Assisted Treatment

Lennard Clinic.....908-352-0850  
Organization for Recovery.....908-769-4700  
Summit Oaks Hospital.....908-522-7071  
Trinitas Regional MC.....908-994-7556

## Outpatient Services—Adult

Arise Counseling Services.....908-400-8463  
Bridgeway Rehabilitation  
Services.....908-355-7200  
CenterPath Wellness.....908-756-6870  
Counseling Center at Clark.....732-882-1920  
Gateway Ctr for Counseling.....908-665-1000  
GenPsych.....855-436-7792  
High Focus.....800-877-3628  
High Point.....908-788-5979  
Intervention Specialists.....908-289-0700  
Jersey Behavioral Care.....908-291-2727  
Life Options Counseling.....732-770-5627  
Organization for Recovery.....908-769-4700  
PROCEED, Inc.....908-469-3200  
Summit Oaks Hospital.....908-522-7071  
Trinitas Regional MC.....908-994-7556

## Outpatient Services— Adolescents

High Focus.....800-877-3628  
PROCEED, Inc.....908-469-3200

## Short Term Residential Rehab Adult

CURA Inc.....973-622-3570  
47 Lincoln Park, Newark  
New Hope Integrated BHCare.732-946-3030  
80 Conover Rd., Marlboro  
Summit Oaks Hospital.....908-522-7071  
19 Prospect Street, Summit  
Turning Point, Inc.....973-239-9400  
Barnet Medical Arts Complex, Paterson

## Short Term Residential Rehab Adolescent

Day Top New Jersey.....973-543-5656  
New Hope Integrated BHCare.732-946-3030

## Referral, Prevention Education, Early Intervention

NJ Connect for Recovery (Opioids).....  
.....855-652-3737  
Prevention Links.....732-381-4100  
REACH NJ.....844-732-2465  
Union County Local Advisory Committee on  
Alcoholism and Drug Abuse  
(LACADA).....908-527-4844

## Behavioral Health Services

### Developmentally Disabled

ARC of Union County.....973-315-0000  
Children's Specialized Hospital...908-233-3720  
Community Access Unlimited..908-354-3040  
Inroads to Opportunities.....908-241-7200  
Jewish Family Services.....908-352-8375

## Developmentally Disabled, Continued

NJ Division of Developmental  
Disabilities.....888-285-3036  
Our House, Inc.....908-464-8008  
Trinitas Integrated Services  
Delivery Team.....908-497-0922  
Trinitas Crisis Assessment Response and  
Enhanced Services (CARES)..888-393-3007

### Elder Citizens

Adult Protective Services.....908-497-3902  
Alzheimer's/Dementia Jewish  
Family Services.....908-352-8375  
Care to Caregivers.....800-424-2494  
Holy Redeemer Home Care...908-352-5694  
Jewish Family Services.....908-352-8375  
Retired Senior Volunteers  
(RSVP).....908-352-8375  
SAGE Eldercare.....908-273-5550  
Senior Citizens Council.....908-964-7555  
Trinitas Regional Med. Ctr.....908-994-7556  
Union County Division on  
Aging.....908-527-4870/4858  
S-COPE.....855-718-2699

### Elder Citizens - DAY CARE

JFK Adult Medical Day Program.....908-912-1910  
SAGE Spend A Day.....908-598-5520  
WISE Center, Union.....908-687-2995

### Family Violence

Domestic Violence Hotline....908-355-HELP  
Central Jersey Legal Services, Inc.  
.....908-354-4340  
Counseling Center for Human Dev.  
Choices for Women.....908-276-0590  
Family Resource Center.....908-276-2244  
Incest and Rape.....908-233-7273  
Jewish Family Services.....908-352-8375  
Trinitas Regional  
Medical Center.....908-994-7556  
Victim/Witness Program.....908-527-4596  
YWCA of Eastern of UC.....908-355-1500

### Legal Services

Bridgeway Justice  
Involved Services.....908-994-8544  
Central Jersey Legal  
Services, Inc.....908-354-4340  
60 Prince St., Elizabeth  
Community Health  
Law Project.....908-355-8282  
65 Jefferson Ave., Elizabeth

### Organizations

Collaborative Support Programs  
(CSP).....732-780-1175  
Depression & Bipolar  
Support Alliance.....800-826-3632  
International Obsessive Compulsive  
Foundation.....617-973-5801  
Mental Health Association in NJ  
State Headquarters.....973-571-4100  
Union County Office.....908-810-1011  
NAMI, NJ.....732-940-0991  
NAMI, Union County.....908-233-1628  
NARSAD Research Alliance for Schizophrenia  
& Depression.....800-829-8289  
NJ Division of Vocational Rehabilitation  
.....908-965-3940  
NJ Psychiatric Association.....908-588-3540  
NJ Psychological Association..973-243-9800  
Supportive Housing Association of NJ  
.....908-931-1131  
Union County Medical Society.908-789-8603  
UC Mental Health Board.....908-527-4846

## Rehabilitation Centers and Psychiatric Day Programs

Bridgeway.....908-355-7200  
CenterPath Wellness.....908-756-6870  
GenPsych.....855-436-7792  
High Focus.....800-877-3628  
Inroads to Opportunities.....908-241-7200  
Mount Carmel Guild.....908-497-3968  
Social Clubhouse.....973-376-2500  
Summit Oaks Hospital.....908-522-7071

## Day Programs, continued

Trinitas Regional  
Medical Center.....908-994-7556  
654 East Jersey St., Elizabeth

## Residential Services

### Residential Healthcare Facilities (RHCf)

Elizabeth House.....908-355-3406  
Park Hotel.....908-754-2211  
St. Rita.....908-757-3579

### Supervised Group Homes, Apartments and Supportive Housing

Bridgeway Supportive  
Housing.....908-249-4100  
SERV.....800-987-7378  
Volunteers of America.....732-827-2453  
**Sober Living**  
Flynn House.....908-351-2265  
Oxford Houses.....www.njoxfordhouse.org  
Community Access Homeshare  
Program.....908-354-3040 x4272

## Special Telephone Services

AA-Alcoholics Anonymous.....800-245-1377  
Al-ANON.....888-944-5678  
Caring Contact, Inc.....908-232-2880  
Child Abuse.....800-792-8610  
Council on Compulsive Gambling  
.....800-GAMBLER  
Domestic Violence.....908-355-HELP  
HIV Hotline.....800-624-2377  
NA-Narcotics Anonymous.....800-992-0401  
NAR-ANON.....732-591-1827  
Nat. Runaway Crisis Line.....800-RUNAWAY  
Nat. Suicide Hotline.....800-273-8255  
Need Help? Dial 2-1-1.....2-1-1  
NJ Connect (Opioid Helpline).....855-652-3737  
NJ Hopeline (Suicide Prevention).....855-654-6735  
NJ MentalHealthCares Helpline.....866-202-4357  
NJ Quitline (Smoking).....866-657-8677  
Peer Recovery Warmline.....877-292-5588  
Rape Crisis 24 Hour Hotline....908-233-7273  
REACH NJ (Opioid).....844-732-2465  
2nd Floor Youth Helpline.....888-222-2228  
NJ VET 2 VET Hotline.....866-838-7654

## Support Systems

MHANJ's Intensive Family Support Services  
(IFSS) (Mental Illness).....908-810-1001  
Rape Crisis Center Advocacy  
Program.....908-233-7273  
**Consumers of Mental Health Services**  
MHANJ's Consumer  
Connections.....848-480-0916  
MHANJ's Esperanza Self Help Center  
Hispanic.....908-810-1001  
MHANJ's Peer Outreach Support Team  
(POST) (Mental Illness).....908-810-1001  
New Beginnings Self Help Center,  
Elizabeth.....908-352-7830  
Park Avenue Self Help Center,  
Plainfield.....908-757-1350



**Mental Health  
Association  
in New Jersey, Inc.**

**NJMentalHealthCares (NJMHC)**, a service provided by the Mental Health Association in New Jersey, is New Jersey's first comprehensive behavioral health management helpline and website, serving professionals and the general public. Calls are answered by professional behavioral healthcare specialists who provide supportive counseling, assessment of presenting problems and information and referral.

Service is live 8am-10pm, Monday-Friday  
Messages left during off hours are returned  
on the next business day.

## NJMentalHealthCares Helpline

**1-866-202-HELP(4357)  
(TTY 1-877-294-4356)**